

Four named as 2018 Grand Rounds Trainee Research Award honorees

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By Nicholas Roznovsky [1]



2018 Grand Rounds Trainee Research Award honorees (L-R): Matthew Hirschtritt, MD, MPH [2]; Jacob Izenberg, MD [3]; Yue Leng, PhD, MPhil [4]; and Donna Werling, PhD [5]

Four department trainees have been selected to present their scholarship and research at Department of Psychiatry Grand Rounds events later this year as part of a series designed to highlight the work of senior trainees (e.g., residents, child psychiatry fellows, psychology trainees, postdoctoral fellows) at or near the end of their training and help launch their academic careers. Special Grand Rounds sessions in April and May 2018 will each feature formal presentations from two of the selected trainees, followed by a period for questions and discussion with audience members.

Congratulations to the trainees below, who will present their research abstracts on the following dates:

- Matthew Hirschtritt, MD, MPH [2] (fourth-year resident physician in the Adult Psychiatry Residency Training Program, mentored by Marina Tolou-Shams, PhD [6]) ? "Sexual Minority, Justice-Involved Youth: A Hidden Population in Need of Integrated Mental Health, Substance Use, and Sexual Health Services" (April 3 [7])
- Jacob Izenberg, MD [3] (fourth-year resident physician in the Adult Psychiatry Residency Training Program, mentored by Irene Yen, PhD, MPH [8]) ? ?Is Gentrification Bad for Your Health? Evidence from California? (April 3 [7])
- Yue Leng, PhD, MPhil [4] (postdoctoral research fellow, mentored by Kristine Yaffe, MD [9]) ? "Napping, Sleep, and Neurodegenerative Diseases: An Epidemiologic Perspective " (May 15 [10])
- Donna Werling, PhD [5] (postdoctoral research fellow, mentored by Stephan Sanders, PhD [11]) ? ?Understanding the Basis of Sex Bias in Autism Through the Investigation of

Now in its fifth year, the UCSF Psychiatry Grand Rounds Trainee Research Award annually selects trainees conducting notable and advanced research through a competitive application process. In addition to presenting their scholarship and research at Grand Rounds events, the recipients will receive additional mentorship and guidance from faculty, the opportunity to discuss their work with department leadership, and special recognition at graduation.

About UCSF Psychiatry

The UCSF Department of Psychiatry ^[12] and the Langley Porter Psychiatric Institute are among the nation's foremost resources in the fields of child, adolescent, adult, and geriatric mental health. Together they constitute one of the largest departments in the UCSF School of Medicine and the UCSF Weill Institute for Neurosciences, with a mission focused on research (basic, translational, clinical), teaching, patient care and public service.

UCSF Psychiatry conducts its clinical, educational and research efforts at a variety of locations in Northern California, including UCSF campuses at Parnassus Heights, Mission Bay and Laurel Heights, UCSF Medical Center, UCSF Benioff Children's Hospitals, Zuckerberg San Francisco General Hospital and Trauma Center, the San Francisco VA Health Care System and UCSF Fresno.

About the UCSF Weill Institute for Neurosciences

The UCSF Weill Institute for Neurosciences ^[13], established by the extraordinary generosity of Joan and Sanford I. "Sandy" Weill, brings together world-class researchers with top-ranked physicians to solve some of the most complex challenges in the human brain.

The UCSF Weill Institute leverages UCSF's unrivaled bench-to-bedside excellence in the neurosciences. It unites three UCSF departments—Neurology, Psychiatry, and Neurological Surgery—that are highly esteemed for both patient care and research, as well as the Neuroscience Graduate Program, a cross-disciplinary alliance of nearly 100 UCSF faculty members from 15 basic-science departments, as well as the UCSF Institute for Neurodegenerative Diseases, a multidisciplinary research center focused on finding effective treatments for Alzheimer's disease, frontotemporal dementia, Parkinson's disease, and other neurodegenerative disorders.

About UCSF

UC San Francisco (UCSF) ^[14] is a leading university dedicated to promoting health worldwide through advanced biomedical research, graduate-level education in the life sciences and health professions, and excellence in patient care. It includes top-ranked graduate schools of dentistry, medicine, nursing and pharmacy; a graduate division with nationally renowned programs in basic, biomedical, translational and population sciences; and a preeminent biomedical research enterprise. It also includes UCSF Health, which comprises top-ranked hospitals—UCSF Medical Center ^[15] and UCSF Benioff Children's Hospitals in San Francisco ^[16] and Oakland ^[17]—and other partner and affiliated hospitals and healthcare providers throughout the Bay Area.

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