UCSF Psychosomatic Medicine Fellowship Program

The UCSF Department of Psychiatry offers a one-year Psychosomatic Medicine Fellowship Program based at the San Francisco Veterans Affairs Medical Center (SFVAMC). This fellowship represents an exciting opportunity to gain expertise in inpatient and outpatient consultation/liaison (C/L) work, acquire advanced teaching and leadership skills, and develop clinical research interests in an academic setting. The SFVAMC is a 124-bed acute care center, with a 120-bed Community Living Center for rehabilitation and extended care, located at the picturesque Golden Gate entrance to San Francisco Bay. The facility provides primary, secondary, and tertiary care to residents throughout Northern California, and is one of the main UCSF training sites. The fellow also participates in consultation-liaison activities at the UCSF Medical Center, a 560-bed facility that is distinguished by its integration of medical research and patient care, and its opportunities for clinical training.

Requirements

The applicant must have completed an ACGME-accredited general adult residency in psychiatry. At the time the fellow begins the program, they must have a California medical license.

How to apply

Please send your CV, a one-page personal statement outlining your interest in Psychosomatic Medicine, and three letters of recommendation, including one from your general psychiatry training director indicating that you are in good standing in your program or have successfully completed the program. In addition, please send the common application form from the Academy of Psychosomatic Medicine website [1]. In your statement, please indicate if you currently hold a California Medical License; if not, please attest to your eligibility for such. A complete set of training documents will be requested prior to final acceptance. All requested materials should be sent to the contact information listed below.

Curriculum

The fellow performs consultation and liaison activities in both inpatient and outpatient settings, including primary care and women’s clinics. The fellow has the opportunity to work alongside psychiatry residents, nurse practitioners, clinical nurse specialists, and social workers to provide formal consultation, triage, liaison services, short-term psychopharmacologic treatment, brief individual psychotherapy, and group psychotherapy. In addition to the general outpatient psychiatric C/L experience, the fellow may choose to develop a liaison focus in a specialty area of interest; potential areas include infectious disease, oncology, geriatrics, and women’s health.

The fellow teaches medical students and psychiatry residents in the C/L setting, with the goal of enhancing further development of leadership and administrative skills. Throughout the year, the fellow is able to take advantage of both informal and formal opportunities for learning,
including core didactics in psychosomatic medicine and geriatric psychiatry, clinical case conferences and discussions, and elective seminars. The fellow may also engage in scholarly activity; the SFVAMC has one of the largest funded research programs in the VA system, and the fellow may collaborate with a faculty member to develop a specific academic project.

Salary, policies, and benefits

Salary is set annually by UCSF. Previous fellows' salaries have been $74,850.

Potential applicants should review the UCSF Graduate Medical Education website [2] for policies, regulations, and services. In particular, you should download and carefully review the details in the Housestaff Information Booklet.

Contacts

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Core faculty members

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- Charles Filanosky, PhD, EdM [7]
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