

## Robert S. Wallerstein Visiting Lectureship in Psychoanalysis and Psychotherapy

Each year, the UCSF Department of Psychiatry invites a distinguished scholar to speak on campus as part of the Robert S. Wallerstein Visiting Lectureship in Psychoanalysis and Psychotherapy. This lecture series is held in honor of the late Robert S. Wallerstein, MD, and focuses on showcasing psychoanalytic knowledge and clinical expertise that influence psychiatry, psychotherapy, and psychoanalysis.

**\*\*To help limit the possibility of community transmission of COVID-19, the UCSF Department of Psychiatry is postponing the 15th Annual Robert S. Wallerstein Lecture in Psychoanalysis and Psychotherapy (originally scheduled for March 25, 2020). The event will be rescheduled for a future date as soon as possible.\*\***

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### The 15th Annual Robert S. Wallerstein Lecture in Psychoanalysis and Psychotherapy



Mardi J. Horowitz, MD <sup>[1]</sup>

The University of California, San Francisco Department of Psychiatry will host the 15th annual Robert S. Wallerstein Lecture in Psychoanalysis and Psychotherapy later this spring in Cole Hall Auditorium on the UCSF Parnassus Heights campus. Psychiatrist, psychoanalyst, and noted author Mardi Horowitz, MD <sup>[1]</sup>, will deliver a pair of lectures highlighting clinical case

presentations by UCSF Psychiatry residents on the topic of "Recovery From Psychological Damage Caused by Trauma and Loss." Shira Maguen, PhD <sup>[2]</sup>, and Tom Neylan, MD <sup>[3]</sup>, will offer analysis and discussion after each lecture, followed by a period for questions from the audience.

Dr. Horowitz is a distinguished professor of psychiatry at UCSF. He has been president of the San Francisco Center for Psychoanalysis and the International Society for Psychotherapy Research. He has directed the NIMH Center for the Study of Neuroses and the John D. and Catherine T. MacArthur Foundation's Program on Conscious and Unconscious Mental Processes, and is a founding member of the International Society for Traumatic Stress Studies and the Society to Explore Psychotherapy Integration.

He has received numerous awards, including the International Society for Traumatic Stress Studies' Pioneer Award (1983) for his achievements in developing the diagnoses of PTSD and disorders of complicated grief, and the American Psychiatric Association (APA)'s Foundation's Fund Prize (1980) for "distinguished contribution to an understanding of the psychological processes following serious life events and of the adaptive changes facilitated by psychotherapy." Dr. Horowitz has also been honored with the J. Elliott Royer Award in Psychiatry (1977), the Northern California Psychiatric Society's Outstanding Achievement Award (1989), and the International Society for Traumatic Stress Studies' Lifetime Achievement Award (2004). He was named an APA Distinguished Life Fellow in 2000.

Dr. Horowitz's seminal book, *Stress Response Syndromes: PTSD, Grief, Adjustment, and Dissociative Disorders*, is now in its fifth edition and has been published in multiple languages. He has written numerous other professional books ? including *States of Mind: Configurational Analysis of Individual Personality, Personality Styles and Brief Psychotherapy, Nuances of Technique in Dynamic Psychotherapy, Identity and the New Psychoanalytic Explorations of Self-Organization*, and *Adult Personality Growth in Psychotherapy* ? as well as more than 280 scientific articles in the fields of psychiatry, psychology, and psychotherapy. He has also published two books written for a nonprofessional audience, *A Course in Happiness* and *Grieving as Well as Possible*.

In addition to his scholarly and professional pursuits, Dr. Horowitz trained at the San Francisco School of Fine Art (now known as the San Francisco Art Institute) and is a member of ICB Artists Association in Sausalito. He is skilled in drawing, oils, and sumi-e painting, and many of his works can be seen in the hallways and offices of Langlely Porter Psychiatric Hospital and Clinics.

**GET TICKETS NOW**

<sup>[4]</sup>

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## Watch the 2019 Wallerstein Lecture

[Video of 2019 Wallerstein Lecture - Part I](#)

[Video of 2019 Wallerstein Lecture - Part II](#)

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## Previous lectureship honorees

- 2018 - George Silberschatz, MD <sup>[5]</sup> (video: part 1 <sup>[6]</sup> | part 2 <sup>[7]</sup>)
  - 2017 - Deborah L. Cabaniss, MD <sup>[8]</sup>
  - 2016 - Bessel A. van der Kolk, MD <sup>[9]</sup>
  - 2015 - Beatrice Beebe, PhD <sup>[10]</sup>
  - 2014 - Morris Eagle, PhD <sup>[11]</sup>
  - 2013 - Regina Pally, MD <sup>[12]</sup>
  - 2012 - Robert Michels, MD <sup>[13]</sup>
  - 2011 - Arietta Slade, PhD <sup>[14]</sup>
  - 2010 - Salman Akthar, MD <sup>[15]</sup>
  - 2009 - Peter Fonagy, PhD, FBA <sup>[16]</sup>
  - 2008 - Glen O. Gabbard, MD <sup>[17]</sup>
  - 2007 - Nancy McWilliams, PhD, ABPP <sup>[18]</sup>
  - 2006 - Otto F. Kernberg, MD <sup>[19]</sup>
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## About Robert S. Wallerstein, MD



Robert S. Wallerstein, MD

Robert S. Wallerstein, MD, (1921-2014) was a distinguished psychiatrist, psychotherapy researcher, and psychoanalytic leader who left a legacy of a widened scope of theory and technique in the psychological sectors of psychiatry. He was an administrator who advocated for cooperation between psychiatrists, psychologists, and social workers in achieving academic excellence and sought to develop a new profession, the Doctor of Mental Health. He also developed a departmental structure that worked across professional lines, leading to new ideas on research centers, educational plans, and high quality service delivery.

Dr. Wallerstein trained at the Menninger Foundation in Topeka, Kansas, rising to become the foundation's director of research and conducting a pioneering study called the Psychotherapy Research Project. He moved to the Bay Area in 1966 as the chief of psychiatry at Mount Zion Hospital, then joined the faculty of the UCSF Department of Psychiatry as a professor. Dr. Wallerstein served as department chair and director of the Langley Porter Psychiatric Institute from 1975-1985, as well as a training and supervising analyst at the San Francisco Psychoanalytic Institute, and president of both the American and International Psychoanalytic Associations.

In addition, he was a prodigious and influential author who penned 20 books and more than 400 scholarly articles. His books included *Psychotherapy and Psychoanalysis: Theory, Practice, Research* (1975), *Becoming a Psychoanalyst* (1981), *Forty-Two Lives in Treatment* (1986), *The Talking Cures: The Psychoanalyses and the Psychotherapies* (1995), *Lay Analysis: Life Inside the Controversy* (1998), *Psychoanalysis: Clinical and Theoretical* (1999), and *Psychoanalysis: Education, Research, Science, and Profession* (2003). In recognition of his outstanding contributions to the field of psychoanalysis, he received the prestigious Sigmund Freud Award in 1991.

Dr. Wallerstein was a leader by consensus. With a remarkable ability of synthesis, he strived to bring together diverse schools of theory and treatment technique. He will be remembered as a dynamic and tireless leader who contributed extensively to every organization that he led.

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#### Links

- [1] <http://profiles.ucsf.edu/mardi.horowitz>
- [2] <https://profiles.ucsf.edu/shira.maguen>
- [3] <https://profiles.ucsf.edu/thomas.neylan>
- [4] <https://www.eventbrite.com/e/2020-wallerstein-lecture-in-psychoanalysis-psychotherapy-registration-80136357001>
- [5] <https://www.georgesilberschatz.com/>
- [6] <https://www.youtube.com/watch?v=tn7qU1-2XYI&list=PLWXu8EHZjBYrquezc4glqcXNmowouphC0G&index=2>
- [7] <https://www.youtube.com/watch?v=0pka-vox-c8&list=PLWXu8EHZjBYrquezc4glqcXNmowouphC0G&index=3>
- [8] <http://profiles.columbiapsychiatry.org/profile/dlcabaniss>

- [9] [http://www.traumacenter.org/about/about\\_bessel.php](http://www.traumacenter.org/about/about_bessel.php)
- [10] <http://psychoanalysis.columbia.edu/people/faculty/beatrice-beebe-phd>
- [11] <http://www.callutheran.edu/faculty/profile.php?id=meagle>
- [12] <http://www.reginapally.com>
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