

Clinical Services

The Path Program incorporates clinical services of the coordinated specialty care model (CSC), an evidence-based approach to delivering effective treatment for individuals and families recovering from a first episode of psychosis. CSC programs utilize multidisciplinary teams, including a core team of medical providers offering the following services:

- Intake evaluation consultation
- Pharmacologic management
- Evidence-based individual therapy
 - Supportive employment and education
 - Cognitive behavioral therapy (CBT) for psychosis
 - Limited case management
- Evidence-based groups
 - CBT social skills group
 - Multi-family group (MFG)
 - Narrative group
- Family support and education

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